



PLATES AND PROTEIN COMBOS



All Combos and Plates are Served with Your Choice of any 2 Sides

90 S. Stephanie St. Suite 140 (702) 629-3773

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STEAK PLATES

- * **Garlic Steak** 5oz 10.59 7oz 13.59 9oz 16.59
Fix8 best seller. Our Angus steak pan sautéed in our almost world Famous housemade garlic sauce.
- * **NEW Spicy Garlic Steak** 5oz 10.59 7oz 13.59 9oz 16.59
Our Signature Garlic Steak with a kick
- * **Grilled Steak** 5oz 9.59 7oz 12.59 9oz 15.59
Our Angus steak thinly sliced and grilled to perfection
- * **Hibachi Steak** 5oz 10.59 7oz 13.59 9oz 16.59
Our Angus Steak Sautéed in our housemade Garlic Bbq sauce.
- * **Steak N Mushroom** 5oz 10.59 7oz 13.59 9oz 16.59
Our Angus steak covered in a full heaping cup of pan sautéed mushrooms.
- * **Steak and Egg Whites** 5oz 11.99 7oz 14.99 9oz 16.99
Our Chargrilled Angus Steak Served with 8 Egg Whites
- * **Steak Fajitas** 5oz 10.59 7oz 13.59 9oz 16.59
Our marinated Steak with grilled onions and peppers.
- * **Surf and Turf** \$16.99

SHRIMP

- * **Hawaiian Garlic Shrimp** 5oz 10.59 7oz 13.59 9oz 16.59
Jumbo Grilled Shrimp sautéed in our Hawaiian Garlic Sauce
- * **Garlic Butter Shrimp** 5oz 10.59 7oz 13.59 9oz 16.59
- * **Cajun Shrimp** 5oz 10.59 7oz 13.59 9oz 16.59

CHICKEN PLATES

- * **Grilled Chicken** 5oz 9.59 7oz 10.99 9oz 12.49
New Recipe Oven Roasted Boneless Skinless Chicken Breast lightly seasoned to perfection
- * **Memphis BBQ Chicken** 5oz 10.59 7oz 11.99 9oz 12.99
- * **Thai Peanut Chicken** 5oz 10.59 7oz 11.99 9oz 12.99
Boneless Skinless Chicken Breast Tenderloin topped in our handmade Thai Peanut Sauce
- * **BBQ Chicken** 5oz 10.59 7oz 11.99 9oz 12.99
Boneless Skinless Chicken Breast Tenderloin topped with our BBQ sauce
- * **Thai Chili Chicken** 5oz 10.59 7oz 11.99 9oz 12.99
Boneless Skinless Chicken Breast Tenderloin topped in our Thai Chili Sauce.
- * **Hibachi Chicken** 5oz 10.59 7oz 11.99 9oz 12.99
Oven Roasted Boneless Skinless Breast sautéed in our own Hibachi Sauce

FISH PLATES

- * **Wild Alaskan Mango Salmon** 7oz 14.59 9oz 16.59
Wild Caught Alaskan Salmon Smothered in our house made fresh mango salsa

- * **Wild Alaskan Salmon** 7oz 13.59 9oz 15.59
Wild Caught Alaskan Pink Salmon Grilled to Perfection served with a fresh lemon wedge
- * **Furikake Salmon** 7oz 14.59 9oz 16.59
Wild Caught Alaskan Pink Salmon Topped with our special blend of Furikake.
- * **NEW Balckened Cajun Tilapia** 7oz 11.49 9oz 12.99
- * **Grilled Tilapia** 7oz 10.99 9oz 12.59
Fresh Grilled Tilapia Seasoned to Perfection

TURKEY & TOFU PLATES

- * **Grilled Tofu** 7oz 8.49 9oz 9.99
- * **Grilled Lean Ground Turkey** 5oz 8.59 7oz 9.99 9oz 11.59

COMBOS

- * **Surf and Turf** \$17.99
- * **Steak and Chicken Breast** \$15.99
- * **Steak and Salmon** \$17.99
- * **Steak and Tilapia** \$16.49
- * **Chicken and Salmon** \$15.99
- * **Chicken and Tilapia** \$14.99

BOWLS

- * **NEW Shrimp Quinoa Bowl** 5oz 10.99 7oz 13.99 9oz 16.99
Grilled Shrimp Served over a bed of Quinoa, Steamed Spinach, Tomatoes, Red Onions and Red Peppers
- * **NEW Steak Quinoa Bowl** 5oz 10.99 7oz 13.99 9oz 16.99
Grilled Garlic Steak served over Quinoa, Steamed Spinach, Tomatoes Red Onions and Red Peppers
- * **NEW Chicken Teriyaki Bowl** \$9.99
Teriyaki chicken served over a Bed of Brown or White Rice and steamed veggies
- * **NEW Steak Teriyaki Bowl** \$10.99
Teriyaki Steak served over a bed of white or brown rice and mixed veggies

TACOS

All Tacos are Served with an Organic Spring
Mix Salad with your choice of dressing

- * **Tilapia Tacos** \$9.99
Fresh Grilled Tilapia Tacos Topped With Lettuce, Salsa, Sweet Chili Aioli
- * **Salmon Tacos** \$10.99
Fresh Grilled Wild Caught Alaskan Salmon Fish Tacos Topped with Lettuce, Salsa, Sweet Chili Aioli.
- * **Steak Fajita Tacos** \$10.99
Our Legendary Steak Marinated with Grilled Onions, Peppers, topped with our Handmade Mango Salsa

WRAPS

*Wraps are Served With an Organic Spring Mix
Salad and your Choice of Balsamic, Ranch or
Italian Dressing*

- * Garlic Steak Wrap \$10.99
- Chicken Wrap \$10.99
- * Ahi Wrap \$10.99

SALADS

*Salads include your choice of Balsamic, Ranch,
or Italian Dressing*

NEW **FIX8 Signature Salad** \$12.99
Organic Romain and Spring Mix Topped with Oven Roasted
Chicken Breast, Cucumbers, Tomatoes, Carrots, Almond Slices,
Squash, Red Onions and hard boiled eggs

Salmon and Spinach Salad \$10.99
Organic Spinach Topped With Cucumber, Tomato, Carrots, Squash,
Almond slices and Grilled Wild Alaskan Salmon

Spring Mix and Chicken Breast Salad \$10.99
Organic Spring Mix, Cucumber, Carrots, Zucchini, Tomato, Almond
slices and Grilled Chicken

Strawberry Salad \$8.99
Romaine, Spinach, Strawberries, Cucumber, and Sliced Almonds.
Add Chicken 2.99

POKE BOWLS

* **Spicy** \$10.59
Brown or White Rice, Furikaki, Red Onion and our Spicy Ahi Tuna in
Sauces

* **Shoyu** \$10.59
Brown or White Rice, Furikaki, Shoyu Sauce, Red Onion, Korean
Sauce and Ahi Tuna

ADD ONS

- NEW** * **Shrimp - 4 ounces** \$5.99
- * **Steak - 4 ounces** \$5.79
- Chicken - 4 Ounces** \$3.99
- Salmon - 4 ounces** \$5.99
- Tilapia - 4 ounces** \$4.19
- Egg Whites - 8** \$3.59

GREENS & SIDES

- Brown Rice** \$1.99
- White Rice** \$1.99
- Red Potatoes** \$1.99
- NEW** **Yellow Sweet Potatoes** \$1.99
- Orange Sweet Potatoes** \$1.99
- NEW** **Black Beans** \$1.99

- NEW** **Quinoa** \$1.99
- Broccoli** \$1.99
- Grilled Red Peppers** \$1.49
- Grilled Red Onions** \$0.99
- Spinach (Raw or Steamed)** \$1.49
- NEW** **Almond Slices** \$1.99
- Organic Spring Mix Side Salad** \$1.99
- Mixed Veggies** \$1.49
- Grilled Mushrooms** \$1.49
- Hardboiled Eggs (2)** \$1.49
- Tomatoes** \$1.69
- Green Beans** \$1.99
- Cucumbers** \$1.99
- Zucchini** \$1.99
- Asparagus** \$2.79
- Grilled Corn** \$1.99

MEAL PREPS

*Choose One Protein and Any Two Selections
From Greens & Sides*

Proteins

- BBQ Chicken**
- Grilled Chicken**
- NEW** **Chicken Teriyaki Bowl** No Sides
- NEW** **Hibachi Chicken**
- Memphis Style BBQ Chicken**
- Teriyaki Chicken**
- Thai Chili Chicken**
- Korean Chicken**
- Thai Peanut Chicken**
- NEW** **Blackened Cajun Tilapia**
- Chicken Fajita**
- Lean Ground Turkey**
- Grilled Tofu**
- Grilled Tilapia**
- Cajun Shrimp** (add \$2)
- NEW** **Steak Quinoa Bowl** No Sides (add \$1)
- NEW** **Garlic Butter Shrimp** (add \$2)
- Hawaiian Garlic Shrimp** (add \$2)
- NEW** **Steak Teriyaki Bowl** No Sides (add \$1)
- * **Grilled Steak** (add \$1)
- * **Steak Fajita** (add \$1)
- Wild Alaskan Salmon** (add \$1)

- NEW** * **Surf and Turf** (add \$2)
- NEW** **Hibachi Steak** (add \$1)
- NEW** **Furikaki Salmon** (add \$1)
- Mango Salmon** (add \$1)
- Garlic Steak** (add \$1)
- * **NEW** **Spicy Garlic Steak** (add \$1)
- NEW** **Shrimp Quinoa Bowl** No Sides (add \$2)

Breakfast (Meal Prep)

- NEW** **Turkey Breakfast Burrito** (No Sides)
- * **Steak & Egg Whites** (add \$3)
- NEW** **Steak and Egg White Burrito** (No Sides)
- NEW** **Ground Turkey and Egg Whites** (add \$2)

- 6 MEALS**
4 oz portions \$55.99 8 oz portions \$75.99
- 9 MEALS**
4 oz portions \$80.99 8 oz portions \$107.99
- 12 MEALS**
4 oz portions \$105.99 8 oz Portions \$150.99
- 18 MEALS**
4 oz portions \$160.99 8 oz portions \$220.99

BREAKFAST PLATES

- Ground Turkey & Eggs** \$11.99
Lean Ground Turkey, 3 Eggs any Style, and any 2 sides
- The Body Builder** \$12.99
Scrambled Eggs or Egg Whites with Steak or Chicken. Served with
Asparagus, White or Brown Rice and our Mango Salsa.

SCRAMBLED DELIGHTS

- Chicken Power** \$10.99
Scrambled Grilled Chicken Breast with Mushrooms, Spinach,
Tomatoes. Served with your choice and a side of our Mango
Salsa.
- * **Blazin Steak** \$12.99
Scrambled eggs with grilled steak, spinach, mushrooms, tomatoes.
Served with your choice of side and our Mango Salsa.
- The Adam Scramble** \$10.99
Scrambled egg whites with lean ground turkey, tomatoes and
spinach. Served with your choice of side and our Mango Salsa.

BREAKFAST BURRITOS

- * **Steak & Egg White Burrito** \$9.99
6 Egg whites, ¼lb of our Blazin Steak, and housemade Mango
Salsa
- Turkey, Tomato, and Spinach** \$9.99
6 Egg Whites, ¼ lb Lean Ground Turkey, Tomato, Spinach and
Housemade mango salsa